

## Article Submission Guidelines

From The Managing Editor of *gonatural*

Our mission is to produce an informative publication of well written articles about naturism in New Zealand and overseas, by presenting clothes free recreation as an acceptable lifestyle choice.

One of our objectives is to develop regular, consistent articles and photos, particularly those depicting the naturist lifestyle in New Zealand.

*gonatural's* audience consists of the curious and often sceptical "newcomer", as well as the general readers created by bookstore sales, but the core readers are the New Zealand Naturist Federation's members; ideally all of whom should subscribe to their own national naturist magazine.

### Some topics of interest to *gonatural* readers:

- Nude travel and tourism, particularly first-hand reports
- Beaches, tramping and climbing and other public venues that are the focus of growing or established traditions of clothing-optional use
- Naturist group or club-related activities, particularly events that are ongoing or feature interaction with the general public
- The history, development of, and/or special activities at naturist parks, resorts, homestays, and/or naturist-friendly venues such as swimming pools or spas
- Feature articles on naturists who have contributed significantly (past or present)
- Naturism/nudity in the news, society/culture, law, politics, history, art, religion, etc
- The philosophies of naturism or body acceptance, health and wellbeing benefits of naturism
- First-hand stories about your experience with naturism, especially first-time experiences
- Opinion pieces are accepted as contributions only when adequately researched

### Submissions

Please submit your articles via email to [editor@gonatural.co.nz](mailto:editor@gonatural.co.nz) either in the body of the email, or as an attachment in a recognisable word processing format such as MS Word. Don't use fancy fonts, capitals or highlight any text. Use a sans serif font such as Arial or Helvetica or similar. Use left hand justification and no spaces between the end of the sentence and the full stop.

### Copyright/Exclusivity:

We assume that articles submitted to *gonatural* are being sent to *gonatural* exclusively. If the same or a very similar article is under review, is about to be published, or already has been published in another publication (naturist or non-naturist, in print or online) you must let us know at the time of submission. Once your article has been accepted for publication in *gonatural*, we assume first serial rights, so you should not submit it elsewhere until after it appears in *gonatural*. As author, you retain the copyright on your article text, and can resubmit it where you like. Publications that wish to reprint articles as laid out in *gonatural* must obtain permission from the original author and/or photographer(s) as well as from *gonatural*.

### Identity:

We prefer that authors and photographers use their real names. If a pseudonym is required, please discuss this with the editor. A prize is awarded for best article and best photo and presented at the NZNF Council meeting held in December.

**Photos/Graphics/Illustrations:**

Photos, graphics, drawings, or other illustrations are welcome with any article submission, and may even be a condition of acceptance.

Photography should enhance the descriptive elements of the article. We prefer photos of men, women, couples and families of all ages nude and natural and in a natural setting. These images are preferred over bland shots of scenery and anonymous figures with their backs to the camera. Nor do we like photos illustrating articles that consist of shots of empty pools, beaches or deserted club lawns.

Those of you who read *gonatural* regularly will understand that sexually explicit photos are not acceptable. There is plenty of other media available to portray that type of image

Photographers should secure permission from subjects who appear in their photos. It may not be a legal requirement in all cases, but please do ask first and advise that the photo may be selected for publication in a national magazine.

Consider children and do ask them and of course their parents who should be present at all times.

Images must be identified with the photographer's name and contact information, plus the location and subject of the photo. Please do not write directly on the back of prints. Even when dry, ink can transfer to other photos in a stack, or bleed through to the image side. Write information on Post-It notes or labels adhered to the back of prints.

**Digital photographs**

When submitting photos, send a small number of low res copies via email for assessment purposes, or send full selection of high res pics on CD-ROM. It is also possible to upload on Picasa 3 web album for high res pics. If advance notice given, high res photos may be emailed to the editor.

We require copies of the original captured image and not manipulated in any way by image editing software.

TIFF and EPS are the preferred formats for digital images that will appear in print. JPEG files are acceptable only if they are saved at maximum quality with minimal compression. JPEGs optimised for the Web are not acceptable for print.

**Payment for articles and photos:**

Writing for *gonatural* is seen as a volunteer activity and articles are graciously accepted as contributions to the cause. *gonatural* will occasionally pay for a solicited article according to terms agreed upon in advance. As a general rule *gonatural* (which is published by NZNF) does not pay for:

- Unsolicited text submissions
- Materials submitted with a commercial agenda ie news releases, group or club activities, announcements etc
- Features that promote clubs, resorts, parks etc
- Letters to the editor, news items,

Photos deemed suitable for full page publication will be paid at \$25.00 per page and up to \$50.00 for front cover. Authors receive a complimentary copy of issues in which their articles appear. Reader's photos are deemed as a voluntary contribution.

We do not return printed manuscripts or CD-ROMS.

Please forward all correspondence including written contributions, photography and advertising to the following address:

*gonatural* magazine

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